

BAKED FRUIT & VEGGIE CHIPS 4 WAYS

APPLE CHIPS

INGREDIENTS:

- 2 apples
- Non-stick spray
- 1 teaspoon cinnamon

DIRECTIONS:

1. Preheat oven to 350°F/180°C.
2. Cut apples into $\pm\frac{1}{2}$ -inch to $\pm\frac{1}{2}$ -inch slices.
3. Arrange slices on a baking sheet.
4. Spray apples with nonstick spray or brush with oil.
5. Sprinkle apples with cinnamon.
6. Bake for 30 minutes, flipping halfway.
7. Let cool.
8. Enjoy!